

# McCHRISTIES

BAR & RESTAURANT

## LOW GLUTEN MENU

### STARTERS

#### SOUP OF THE DAY

*Gluten free bread*

#### MELON & FRUITS BOWL

*Sharp fruit sorbet*

#### CHICKEN TEMPURA \*

*Sweet chilli dip*

#### CHICKEN LIVER PATE

*Spicy pear chutney, gluten free oat-cakes*

#### CULLEN SKINK

*Smoked haddock, potato and basil soup with a warm bread roll*

### MAIN DISHES

#### GLUTEN FREE PENNE PASTA

*Garlic cream, basil pesto, parmesan, add chicken £1.50*

#### CAJUN CHICKEN

*Cajun spiced chicken breast, creamy madras sauce, rice, market vegetables and baby jacket potatoes or chips \**

#### CREAMY PEPPERED CHICKEN

*Brandy, peppercorn cream sauce, rice, market vegetables & baby jacket potatoes or chips\**

#### GLUTEN FREE FISH & CHIPS \*

*In crisp batter with mushy peas and chips*

#### GLUTEN FREE BEEF BURGER \*

*With coleslaw & fries  
Add cheese 50p add bacon 75p*

#### GRILLED SHETLAND SALMON

*Honey & mustard sauce, rice, market vegetables & baby jacket potatoes*

#### SMOKED FINNAN HADDOCK GRATIN

*Creamy cheese sauce, rice, baby jacket potatoes and vegetables*

### PUDDINGS

#### GLUTEN FREE FUDGE CAKE

*With vanilla ice cream*

#### GRANNY CARAMEL APPLE PIE

*With ice cream or pouring cream*

#### TABLET & HONEYCOMBE ICE CREAM

*With toffee sauce*

#### ICE CREAM

*With chocolate, raspberry sauce or maple syrup*

#### CHEDDAR & BRIE WITH OATCAKES

*With pear & onion chutney*

### COFFEE

#### AMERICANO

£2.80

*Espresso topped with hot water*

#### CAPPUCCINO

£2.95

*Espresso topped with steamed and foamed milk & topped with chocolate*

#### LATTE

£2.95

*Long coffee with steamed milk*

Ask your server for milk options

### COCKTAILS

WHY NOT TREAT YOURSELF TO ONE OF OUR DELICIOUS COCKTAILS?

#### \* IMPORTANT PLEASE NOTE

*We use flour in our kitchen and airborne flour particles may be present*

### CAKE & COFFEE OFFER

SWAP YOUR DESSERT FOR A COFFEE & ONE OF OUR HOME BAKING SELECTION ALSO AVAILABLE FOR £5.50